



FUEL FOR SCHOOL TASMANIA CANTEEN MENU

Taroona Primary School

THINKING FOOD FOR KIDS

WE ARE
OPEN
TUESDAY LUNCH
ONLINE ORDERS
CLOSE AT
9PM
MONDAY NIGHT

RECESS & SNACKS



Homemade Pikelet	\$1.50
Homemade pikelet served plain or with margarine. (Egg free) (made in house)	
Fresh fruit tub	\$3.00
Seasonal fresh fruit salad	
Fresh Popcorn	\$1.50
Air popped (made in house)	
Dip and sticks (GF)	\$3.80
Carrot & cucumber sticks with hummus dip	
Banana Muffin	\$2.80
Made with fresh mashed banana. (Egg free) (Made in house)	
Vanilla Custard 150ml	\$2.50
Vanilla Custard (gluten free)	

Chia Pod 150ml	\$3.80
Coconut milk, cocoa and berries and toasted coconut OR coconut milk topped with pureed mango and toasted coconut (made in house)	
Fruit Jelly 150ml	\$2.50
Flavours change regularly (made in house)	
Bliss Balls	\$2.80
Apple Pie or Chocolate (made in house)	
Sweet Muffin	\$2.80
Made in house - (Gluten free) Please check specials board for today's flavour selection	
Yoghurt & fruit 150ml	\$2.80
Vanilla yoghurt topped with fruit	

DAILY HOT FOOD

Grilled chicken burger \$6.00

Made in house - Fresh bread roll with lettuce, carrot and tomato topped with grilled chicken tenderloins and mayonnaise.

Chicken tender wrap \$6.00

Made in house - Wrap bread with lettuce, carrot and tomato topped with grilled chicken tenderloins and mayonnaise

Vegetable burger \$6.00

Made in house - Fresh bread roll with lettuce, carrot and tomato topped with homemade vegetable and lentil burger and mayonnaise

Quesadilla \$6.00

Made in house
Sweet corn, spinach, chicken and cheese OR
Ham, cheese & tomato OR
Cheese, tomato, spinach & corn



Small corn cobs (2) \$2.70

2 pieces of steamed corn

Party pie \$2.50

Hidden vegetable party pies - made by loaves & fishes

Large Meat Pie \$5.20

Hidden vegetable meat pie

Chicken Nuggets (5) \$5.00

5 ovenbaked chicken nuggets

Add a side salad \$2.00

Garlic Bread Roll \$2.50

Fresh roll with homemade garlic butter



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SANDWICHES AND ROLLS (FRESH)

freshly made sandwiches and rolls

Salad Roll **\$6.00**

Salad, Chicken, Ham

Salad includes: lettuce, tomato, grated carrot, cucumber & mayonnaise

Gluten free option available add \$1

Basic Sandwich or Roll

Add 1 filling **\$3.00**

Add 2 fillings **\$3.50**

Add 3 fillings **\$4.00**

Fillings available include, Vegemite, Cheese, Ham, Chicken and all salad options

Gluten free option available add \$1

Rainbow Salad Cup **\$6.50**

Salad, Chicken, Ham or Tuna

Salad includes: lettuce, tomato, grated carrot, diced cucumber, sweet corn kernels & grated cheese

Snack Grazing Pack (GF) **\$5.80**

cheese, carrot & celery Sticks, cucumber slices, rice crackers, dip and seasonal fruit

Taco Salad Bowl **\$6.90**

Beef taco mince or taco brown lentils

Lettuce, diced tomato, diced cucumber, grated carrot, grated cheese. With tomato salsa and corn chips



TOASTED SANDWICHES & TURKISH PIDE

Made on high fibre white bread - Gluten free option available add \$1

Ham or Cheese **\$3.50**

Ham & cheese **\$4.00**

Ham, cheese & tomato **\$4.50**

Chicken & cheese **\$4.00**

Cheese & tomato **\$4.00**

BBQ Chicken Pide **\$6.80**

Chicken, cheese, spinach, pineapple, capsicum & BBQ sauce

Cheesy Tuna Pide **\$6.80**

Tuna, cheese, spinach & mayo

Chicken Cheese & avocado Pide **\$6.80**

Chicken, cheese, avocado, spinach & aioli

Chicken Pesto Pide **\$6.80**

Chicken, Cheese, chicken, spinach, tomato & nut free pesto



SPECIALS

Please see our specials board or online via the QQR app. Specials change daily

Homemade Pizzas
Sushi
Macaroni Cheese
Pasta Bolognaise
Fried rice

DRINKS

Nudie Juice 250ml **\$3.30**

Our nudies have no nasties like additives or preservatives. 350ml served in a drinking cup. Apple, Orange & Tropical

Bottled Water (600ml) **\$2.50**



Contact us: fuelforschooltaustralia@gmail.com